

What is the “White Sail Coach Clinic?”

This course is based on giving the candidates time and guidance to practice their skills and get new ones from what they learnt at the Fundamental course. The candidates will spend time teaching sailors in the classroom as well as running on water drills and skill progression detection and correction.

Successful completion of the Learn to Sail Coach course will enable the coach to certify White Sail I, II and III programs in his/her club. Training will be provided to enable the coach to:

- Plan appropriate drills/activities for land and water
- Design an emergency action plan
- Provide a safe environment on land and on the water
- Coach a structured land lesson (using standardized lesson plans)
- Coach a structured on water session (using standardized lesson plans)
- Use effective interventions and teaching methods
- Detect skill errors
- Correct skill errors
- Communicate athlete progress to athlete and parents
- Plan a White Sail I, II or III course curriculum
- Sail at the Bronze IV Level

When the instructor leaves this course with all the pre-requisites finished, the instructor will obtain one of the following results:

Certified – The instructor Candidate has completed all the elements of the clinic and has completed a successful evaluation

Trained- The instructor Candidate has completed all the elements of the clinic and has not successfully completed an evaluation and must complete a separate evaluation at a different time

In Training- The Instructor Candidate has not completed all of the elements of the clinic or does not have all the required prerequisites

Prerequisites:

- CCG Pleasure Craft Operators Card
- CYA Bronze 4 Certificate and Seal
- CYA Fundamental Course
- First Aid (Minimum Emergency Level)
- Swimming Award (Boat Rescue, Bronze Cross, Bronze Medallion, NLS OR Sea Cadets Small Craft Rescue Award)