

New National Coaching Certification Program
(NCCCP)

And

CYA Instructor/Coach Development Program
(IDP)



Canadian Yachting Association
Association Canadienne de Yachting



What is the NCCP?

The National Coaching Certification Program (NCCP) is a coach training and certification program for 65 different sports and is offered in both official languages across Canada.

NCCP workshops are designed to meet the needs of all types of coaches, from the first-time coach to the head coach of a national team. The NCCP is the recognized national standard for coach training and certification in Canada. As part of the program, all coaches are trained in ethical decision-making and sport safety.

Since 1997, the emphasis of the NCCP has been on developing competent coaches – an exciting step towards helping them to become more effective and have a more meaningful impact on an athlete's experience.

Each year, more than 50,000 coaches take an NCCP workshop and since it began, more than 1 million coaches have participated in the program, making it one of Canada's largest adult education programs.

What is the NCCP?

The Change

While continuing to equip coaches with the tools they need to become successful community leaders, the program itself has undergone a number of changes in recent years. In response to an extensive evaluation, the Coaching Association of Canada has adapted the NCCP to fit today's coaching environment.

Among these important changes has been a shift in emphasis from “what a coach knows” to “what a coach can do”. This transformation to a competency/outcomes-based approach has been a key factor in the re-development of the program.

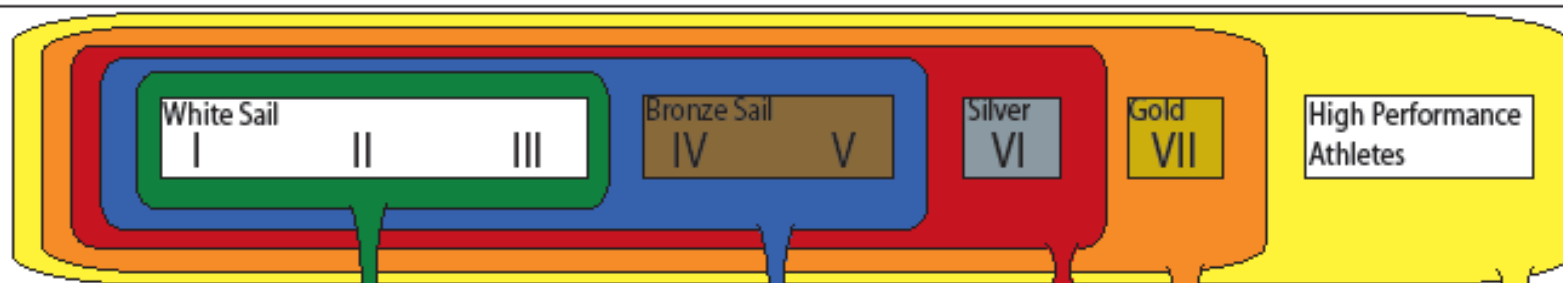
How NCCP and CYA IDP are linked (old system)

Green Instructor (assistant instructor)	NCCP Level 1 Coach
Blue Instructor	NCCP Level 2 Coach
Red Instructor	NCCP Level 2 Coach
Orange Instructor	NCCP Level 3 Coach
Black (Instructor Evaluator)	NCCP Level 2 or 3 Coach
Level 4/5	NCCP Level 4/5 Coach (there is only one level 5 in Canada)



Current Learn to Sail System

Capable of
Certifying



Coaching
Level



Prerequisites

Emergency First Aid (Any National Program)

Swimming (LSS Boat Rescue, or Bronze Medallion or higher)

NCCP 1 (old system), or A (new system), or Fundamentals Course

Pleasure Craft Operators Card

+ NCCP 2 (old system) or B (new system), or Fundamentals Course

No Additional Requirements

+ NCCP 3

+ NCCP 4 or 5

Sport Theory and Sailing Specific Tasks

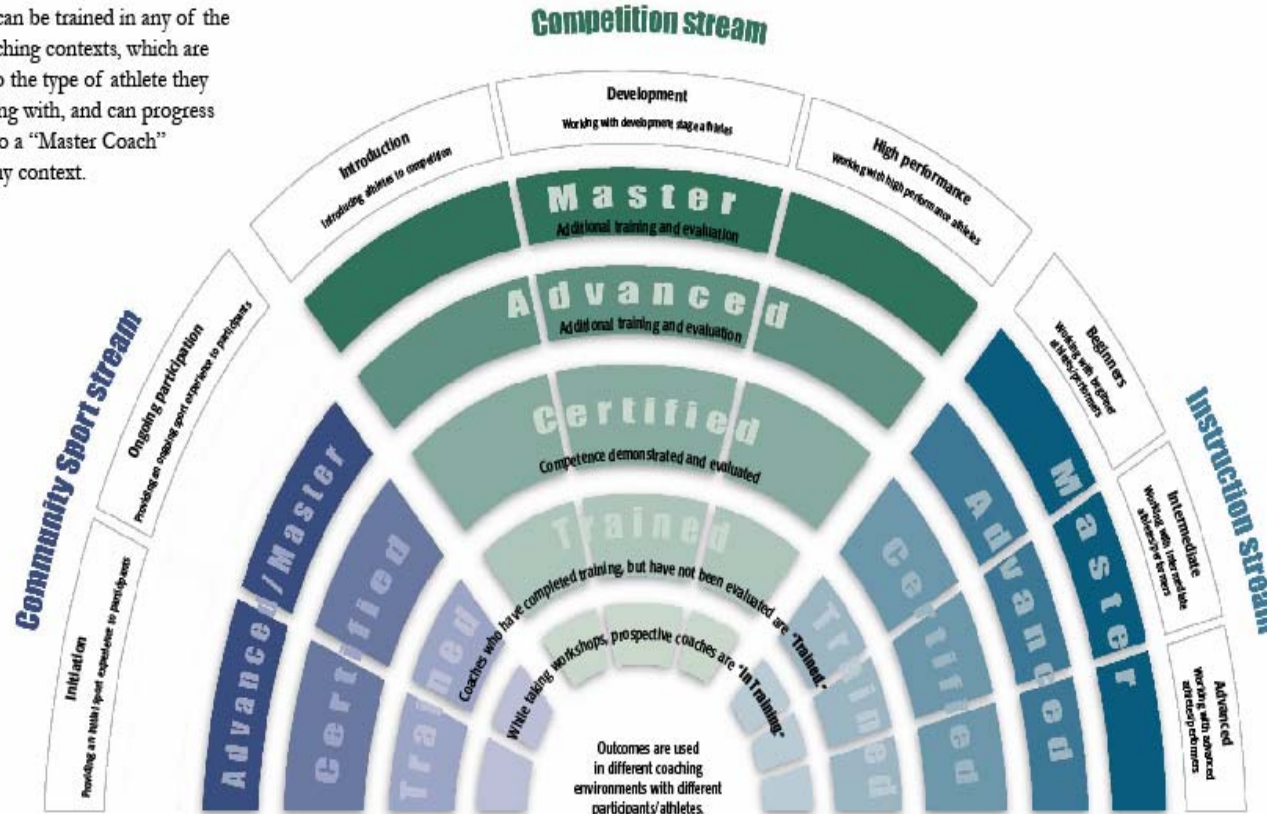


National Coaching Certification Program

THE GOAL: Coaches who can demonstrate their competence



Coaches can be trained in any of the eight coaching contexts, which are specific to the type of athlete they are working with, and can progress through to a "Master Coach" level in any context.



Training and certification are generally designed for coaches working in a particular stream with a target group of athletes. Becoming certified to coach other target athletes, or in other coaching streams, requires additional training and evaluation. Previous coach education and experience is recognized. By demonstrating important NCCP coaching competencies, progress towards certification is achieved.



There are five NCCP core competencies.

Additional coach education opportunities are available to coaches that are "In Training", "Trained", or "Certified". These opportunities may be used as personal development, as a step towards training or certification in another coaching stream, or for certification to work with different types of athletes. They may also be used to meet the requirements of certification and for the maintenance of certification.

Coach Certification

The National Coaching Certification Program certifies coaches who have demonstrated their ability to apply critically important competencies in coaching situations relevant to the athletes they coach. This means that coaches must not only know about coaching but be able to demonstrate their ability to apply this knowledge in the coaching situation. Certification is valid for no longer than 5 years and professional development is required to maintain certification.

Community Sport stream

Initiation (CSp-Init)

New participants are encouraged to participate in the sport and introduced to sport basics in a fun, safe, and self-esteem building environment regardless of their ability.

Ongoing participation (CSp-Ong)

Participants are encouraged to continue participating in the sport for fun, fitness, skill development, and social interaction.

Competition stream

Introduction (Comp-Int)

New sport participants are taught basic sport skills and athletic abilities in a fun and safe environment and are typically prepared for local and/or regional level competitions.

Development (Comp-Dev)

Developing athletes are coached to refine basic sport skills, to develop more advanced skills and tactics, and are generally prepared for performance at provincial and/or national level competitions.

High performance (Comp-HP)

High performance athletes are coached to refine advanced skills and tactics and are typically prepared for performance at national or international level competitions.

Instruction stream

Beginners (Inst-Beg)

Participants of all ages, with little or no sport experience, are taught basic sport skills.

Intermediate performers (Inst-Intd)

Participants, who already have some experience and proficiency in the sport, are taught to refine basic skills and introduced to more complex techniques.

Advanced performers (Inst-Adv)

Participants, who are experienced and already proficient in the sport, are taught to refine advanced skills and techniques.

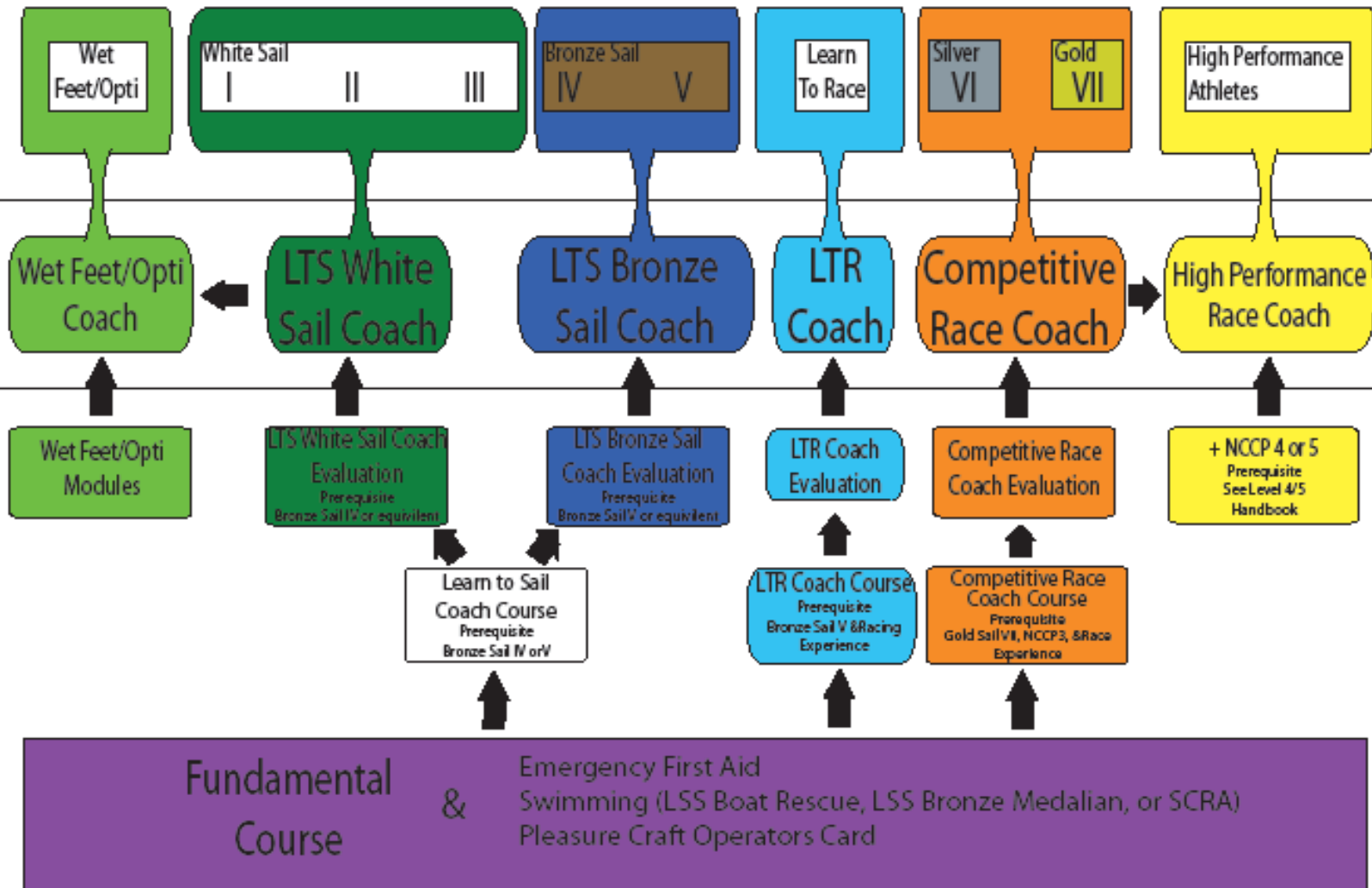


New Learn to Sail Program

Capable of
Certifying

Coaching
Level

Certification
Requirements



Sailing - Coach Development Model Small Boat Stream

Professional Development Modules

Program Manager
Human Resource and Program
Management for a Sailing
School/Club/Organization

Wet Feet
Intro to boating & water safety for
children aged 4 to 7 years

Opti
Intro to basic sailing techniques,
safety, & terminology in Optimist
(or similar) dinghies for children
aged 7 to 12 years

Other modules TBA
Fiberglass & Boat Repair, Travel
and Trailing, Weather Dynamics,
etc. This area will expand as our
programs grow.

Instruction Stream

Competition Stream

FUNDamental Course Learning Facilitator: Provides coach training for the Fundamental Course

Learning Facilitator: Provides coach training for a specific context

Evaluator: Evaluates coaches for a specific context

"Senior" Coach: to be developed

Bronze Sail (Intermediate) Coach
Coach teaches techniques for
intermediate level recreational
participants at the Bronze Sail IV &
V levels

White Sail (Beginners) Coach
Coach teaches skills & knowledge
for entry level recreational
participants at the White Sail I, II &
III levels.

High Performance Race Coach
Coach refines all racing skills in
complex environments. Coaches at
national & international
competitions.

Competitive Race Coach
Coach refines basic racing skills
from Silver Sail VI and introduces
more racing skills at the Gold Sail
VII level. Coaches at provincial &
national competitions.

Learn To Race Coach
Coach introduces age appropriate
basic racing skills and safety at the
Silver Sail VI level. Coaches at
local competitions.

FUNDamental Course: Prerequisite for all coaches in all contexts

Sailing - Participant Development Model Small Boat Stream

Specialized Modules

Able Sail

All ages. Instruction and Competitive streams from Basic Sail to Paralympics

Wet Feet

Ages 4 to 7 years
Intro to boating & water safety

Opti

Ages 7 to 12 years
Introduction to basic sailing techniques, safety terminology in Optimist (or similar) dinghies.

Spinnaker & Trapeze

All ages. Double-handed sailing skills utilizing spinnaker and trapeze for sailors moving from single-handed to double-handed boats.

Fiberglass & Boat Repair, Travel and Trailing, Weather Dynamics, Skiff Sailing

* This area will expand as our programs grow.

Instruction Stream (for both Single-Handed & Double-Handed Sailors)

Intermediate Sail

Refinement of Basic skills, advanced sailing theory & skills introduced.
Bronze Sail IV & V

Basic Sail

Introduction to safe sailing practices, basic technical skills & knowledge.
White Sail I, II & III.

Competition Stream (for both Single-Handed & Double-Handed Sailors)

High Performance Race

Refinement of racing skills in all conditions. Compete at National & International level.

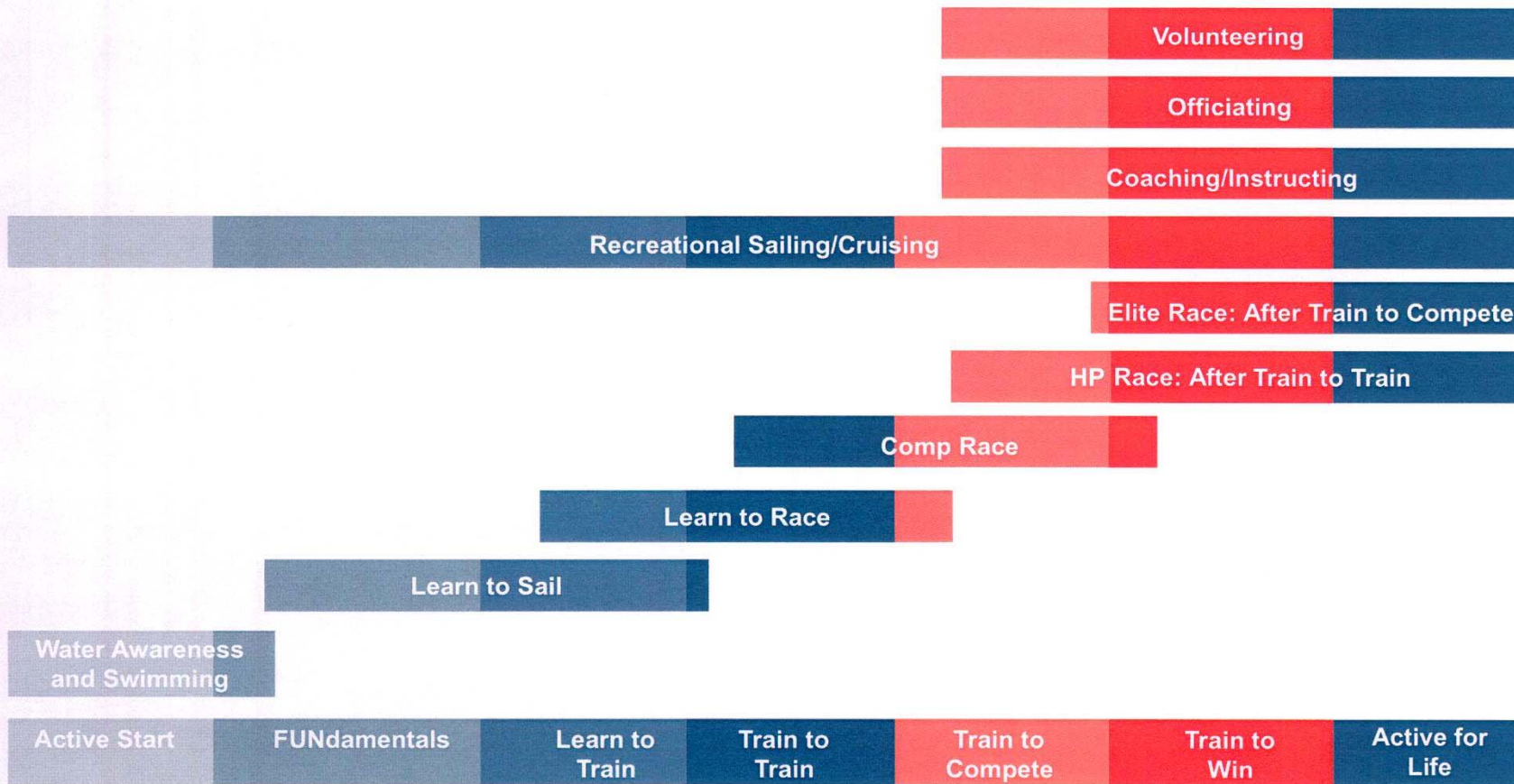
Competitive Race

Refinements of basic racing skills, add on more complex racing skills. Compete at Provincial & National level.

Learn To Race

Introduction to racing skills. Complete at local & provincial level.

SAILING FOR GOLD  *SAILING FOR LIFE*



 *Competitive Stream* 
5-15 years of development

How is Ontario Sailing in going to Offer the New courses?

Fundamental Course (new Coaching theory)

-25-30 hours in length

-Will offer it in different permutations, 1 intense weekend, over 2 weekends, evenings over winter and early spring

-This is where the candidates learn Lesson planning, EAP, do some land lessons

-Combination of Coaching theory and Land Theory from the Green and Blue

-Replaces NCCP 1&2 or A&B

How is Ontario Sailing in going to Offer the New courses?

White Sail Coach (Higher Level than the Green)

-2 Weekend Clinic as in the old system

-Can only certify WS 1,2,3

-Assessed on Providing a Safe Environment, Preparing a LTS program, On-Water Coaching and Evaluation of Students

-Will include an evaluation Component

-If the evaluation is unsuccessful they must reschedule one with in 1 year of the clinic (similar old retest system)

-Will come out of the Clinic with one of the following outcomes

Certified (Successful Evaluation and all components complete)

Trained (Unsuccessful Evaluation and all components complete)

In Training (Not all components complete)

How is Ontario Sailing in going to Offer the New courses?

Bronze Sail Coach (Equivalent to the Blue)

-1 or 2 Weekend Clinic

-Can only certify Bronze 4&5

-Assessed on Providing a Safe Environment, Preparing a LTS program, On-Water Coaching and Evaluation of Students

-Will include an evaluation Component

-If the evaluation is unsuccessful they must reschedule one with in 1 year of the clinic (similar old retest system)

-Will come out of the Clinic with one of the following outcomes

Certified (Successful Evaluation and all components complete)

Trained (Unsuccessful Evaluation and all components complete)

In Training (Not all components complete)

How is Ontario Sailing in going to Offer the New courses?

Competitive Race Coach (Old Orange)

- Still under development by the CYA LTS Sail committee
- Old Orange clinic will still be run
- Can certify Gold and everything below
- Will be transferable when the new system in launched

How is Ontario Sailing in going to Offer the New courses?

Program Manager Module – (components of the Red)

- 2 weekend clinic, with pre and post course assignments
- Offered in the winter or early spring (last year April)
- Non certification course, only a Professional Development Module
- Anyone can take it, no prerequisites (LTS directors)
- How to run a sailing program, hiring, staff development, emergency procedures....

How is Ontario Sailing in going to Offer the New courses?

LTR Coach- (Entrance to the competitive stream, some components of Red)

-2 weekends as in the past

-Offered in the spring, on water needed

-Can certify LTR and Silver

-Will include an evaluation Component

- If the evaluation is unsuccessful they must reschedule one with in 1 year of the clinic (similar old retest system)

-Will come out of the Clinic with one of the following outcomes

Certified (Successful Evaluation and all components complete)

Trained (Unsuccessful Evaluation and all components complete)

In Training (Not all components complete)

How is Ontario Sailing in going to Offer the New courses?

Learning Facilitator and Master Learning

Facilitator (LF, MLF) - old Instructor Evaluators (IE's)

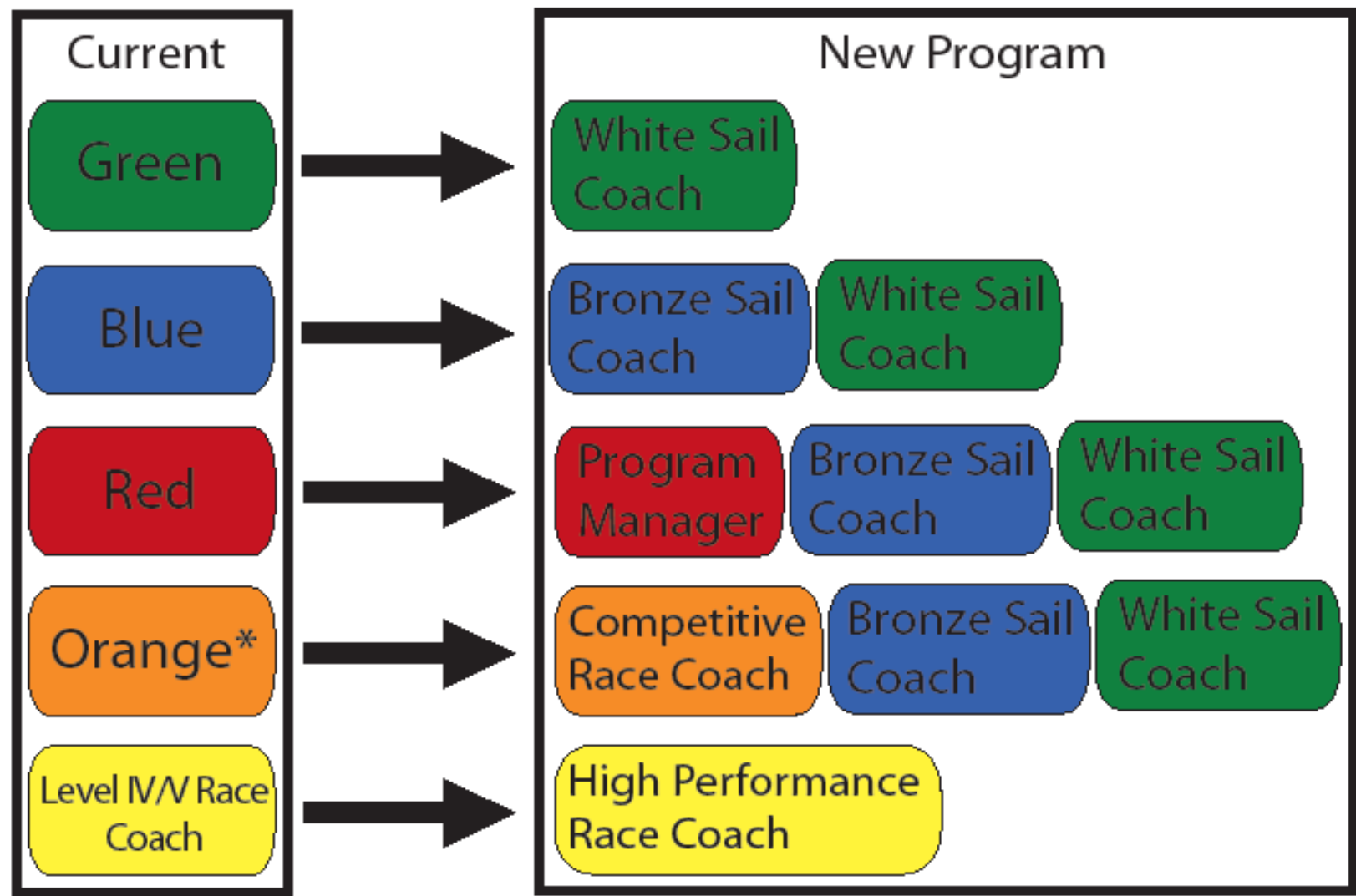
-Still going to be trained at the National Level to maintain consistency across the country

-2 separate certifications now Learning Facilitator and Evaluator

-Currently running training to retrain existing IE's



Converting Your Current Learn to Sail Instructor Levels



*If an Orange instructor has also taken their Red then they will be classified as a Program Manager in addition to a Competitive Race Coach

Questions?

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