

What is the Bronze Sail Coach Clinic?

This course is based on teaching Bronze 4 and 5 to sailors. The candidates will be on the water teaching others while being guided by instructor evaluator. Skill progression and a more complex breakdown of the skill is expected as well as a more in depth detection and correction.

Successful completion of the Learn to Sail Coach course will enable the coach to certify Bronze Sail IV & V programs in his/her club. Training will be provided to enable the coach to:

- Coach in a professional manner
- Plan appropriate drills/activities for land and water
- Design an emergency action plan
- Provide a safe environment on land and on the water
- Coach a structured land and water lesson
- Use effective interventions and teaching methods
- Detect and Correct skill errors
- Communicate athlete progress to athlete and parents
- Plan a LTS Bronze Sail IV/V course curriculum
- Sail at the Bronze V Level

The coach will be also being assessed on a number of the criteria covered on the Fundamental Course & LTS White Sail 1-2-3 Clinic.

When the instructor leaves this course with all the pre-requisites finished, the instructor will obtain one of the following results:

Certified – The instructor Candidate has completed all the elements of the clinic and has completed a successful evaluation

Trained- The instructor Candidate has completed all the elements of the clinic but has not successfully completed an evaluation and must complete a re-evaluation at a different time

In Training- The Instructor Candidate has not completed all of the elements of the clinic or does not have all the required prerequisites

Prerequisites:

- CCG Pleasure Craft Operators Card
- CYA Bronze 5 Certificate and Seal
- CYA Fundamental Course
- First Aid (Minimum Emergency Level)
- Swimming Award (Boat Rescue, Bronze Cross, Bronze Medallion, NLS OR Sea Cadets Small Craft Rescue Award)