



Accessible Sailing Initiatives and Successes

What We Do

- Support Able Sail Initiatives throughout the province with, information, resources, access to equipment, access to fundraising help
- **Access BOOM Program-** Mobile Accessible sailing program that travels around Ontario and to other Provinces



What We Do

- **Able Sail Demonstration-** We bring 2 boats to a site for no charge for 1-2 days to introduce the community to accessible sailing
- **Boat Loan Program-** We loan out 2 Martin 16's and 4 Access Dinghies to help start up programs



What We Do

- Facilitate the Ontario Able Sail Team that offers coaching support to high performance athletes in Provincial, National, and International Regattas
- Help with funding for these athletes
- Facilitate Volunteer Training in the province with the development of the Able Sail Volunteer Training Workshop



What We Do

- Collaborate with the 17 Programs across the province to help with common issues, common problems and share resources and information
- Help clubs/schools develop specialized programming for a variety of disabilities
- Aid in Staff training at clubs



Who Does It

- 1 Full time staff member (Eric) about 25-30% of his time
- 2 Access BOOM Instructors 8-9 weeks
- 1 Able Sail Coach (new in 2006) 15 weeks
- Committee of Volunteers (~10)
- Countless # of volunteers at different programs



Details

- **Recreation Initiatives**

- Approximately 100 participants in the Access BOOM in four different communities
- Creation of the specialized program for the blind at Lake Joseph Yacht Club
- Creation of the Basic Cruising Course for the Blind.



Details

- **Recreation Initiatives (con't)**

- Boat loan to 4 different communities
- Boat Demonstration in 2 different communities
- Aided in the start up of 2 new programs
- Helped with funding at a variety of Club/Programs



Details

- **Racing Initiatives**

- Hired a full time coach who went to
National Capital Regatta
Canadian Access Championship
Martin 16 Training Camp
CORK/Martin 16 Provincial Championships
2.4mR Provincials/Nationals
IFDS Blind Worlds



Details

- **Racing Initiatives (con't)**

- Weekly training with the Canadian Blind Sailing Team
- Facilitated the Martin 16 Training Camp (Kingston)
- Pick up and Training in the first Ontario SKUD (Newport RI)



More Work Needs to Be Done

- More collaboration with programs
- Help more programs with integration
- Train more instructors to teach people with disabilities
- Modify Existing CYA programs to include people with disabilities (Cruising, Power, Bronze Levels)
- Make it possible for a person with a disability to become a CYA instructor



More Work Needs to Be Done

- Bring together more athletes (recruitment and talent identification)
- Integration of the OST and the OSAST
- More support for athletes (Summer and Winter)
- More support for clubs to develop athletes
- Train more coaches





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