



August 21st – 24th, 2005 | Royal Nova Scotia Yacht Squadron | 376 Purcell's Cove Road, Halifax, NS B3P 1C7  
Email Michael.Archibald@cibc.ca | Tel 902-420-6212 | Fax 902-477-6298 | [www.opticanadians2005.com](http://www.opticanadians2005.com)

Jan 10, 2005

To: All Junior Sailing Directors, Learn to Sail Instructors and parents.

The Royal Nova Scotia Yacht Squadron will be hosting the Canadian Optimist Dinghy Championships August 19 –24 2005. This class is for sailors, male and female under the age of 16. The Canadian Yachting Association (CYA) has deemed the Optimist Dinghy a development class. We encourage all young optimist sailors to participate. The regatta will be the Canadian Team qualifier for the 2006 Worlds, Europeans and North American Championships.

The regatta will be divided into two separate fleets; a Championship Fleet for those with racing experience and a Green Fleet for the novice sailors with little or no racing experience. The Green Fleet participants will be given on the water and off the water instruction by a CYA certified Optimist coach (for more detailed information on Green Fleet policy see the Canadian Optimist Dinghy Association (CODA) web site at [www.sail123.com/coda](http://www.sail123.com/coda)).

There will be a two day clinic for all sailors Aug 19-20 prior to racing Aug 21-24. The event will be a great opportunity for sailors, instructors, and parents to exchange ideas, learn from each other and have some fun! In addition to strong participation from sailors in the Atlantic Provinces we expect sailors from across Canada, the US North East and Bermuda to attend.

For further information contact: Mike Archibald by email at [michael.archibald@cibc.ca](mailto:michael.archibald@cibc.ca) or by phone at 902-420-6212 (work). We also encourage you to check out the regatta web site at [www.opticanadians2005.com](http://www.opticanadians2005.com). for the Notice of Race.

Best Regards,

Mike Archibald  
Regatta Chair  
Canadian Optimist Dinghy Championships 2005